



POSITIVE BEHAVIOUR MANAGEMENT POLICY

for

JUNGE YOGA

Introduction

JUNGE YOGA (the Organisation) is a for-profit organisation run for the following purpose:

Children's yoga club for under 12s

The Organisation is based at:

Histon
Cambridge
CB24

Purpose of the Policy

At Jungle Yoga we aim to enable all children to develop confidence, self-esteem and a positive attitude towards their own learning and towards others.

We aim to ensure that all staff work in an environment where there is mutual respect, and where there is a good understanding of the developmental needs of children.

We believe in working closely with parents/carers, enables a consistent approach to behaviour management.

OUR BELIEFS ABOUT CHILDREN'S BEHAVIOUR

We believe that behaviour is learnt, we can therefore teach children to be kind through staff acting as positive role models. The way this is encouraged is through planning, resources and play.

OUR ENVIRONMENT

In order to achieve our aims we will:

- Provide and age appropriate environment with stimulating activities
- Ensure that the environment is safe, attractive, welcoming & inviting



- Encourage good communication between staff, schools and parents to ensure the smooth running of sessions.

ADULTS

Adults are expected to provide positive role models to children at all times, i.e. turn taking, sharing and general social skills. This is the way staff communicates with each other and with the children in their care.

Alongside parents/carers we will have a consistent, calm and friendly approach when dealing with undesirable behaviour.

PARENTS AND CARERS

We offer an open door policy to all parents/carers in which they can discuss any issue or concern in confidence & private.

MANAGING INAPPROPRIATE BEHAVIOUR

Staff should never use any form of physical punishment, restraint, or humiliation when dealing with undesirable behaviour.

Staff have to ensure that the children are aware that hurting their friends or making unkind comments towards them is not acceptable.

Whilst in class staff should use a gentle, calm tone, and child friendly and age appropriate language when dealing with undesirable behaviour.

Always keep calm; never show that undesirable behaviour has had any impact on you.

Always make sure that when discussing undesirable behaviour that you go down to the child's level. An explanation of why the behaviour was inappropriate should always be given in clear, age appropriate manner. Please be discreet and if other children are trying to listen to the conversation, gently encourage them to do something else or ask a member of staff to distract them. Ensure that you remember that the behaviour is to blame and not the child.

Our approach is to give praise to children in order to promote positive behaviour rather than blaming the other child whose behaviour was deemed to be unacceptable.

No child in the room should be forced to say "sorry", if they wish to on their own accord that is acceptable.



No child/children should be sent to the corner or a particular area in the room to be used as punishment.

Treats or privileges will not be withheld in order to make a child behave.

Jungle Yoga has a no time out policy, however there is a quiet corner children can go to if they choose. They will never be sent there against their will.

Staff must be discreet when communicating incidents of challenging behaviour to other staff and parents.

Where possible we allow the children to sort out disagreements themselves and reach a solution by talking and compromising.

Jungle Yoga house rules

- Are mutually created and agreed with the children
- Are repeated regularly
- Are few in number
- Are worded positively

SPECIAL EDUCATIONAL NEEDS

If a child has a special educational need and if there is also issues with their behaviour we will work closely with parents/carers, the school SENCO officers and outside agencies to come up with strategies to help with the situation.

BULLYING

We do not tolerate any bullying between children. Showing each other empathy and respect is at the core of Jungle Yoga's philosophies. All children and parents will always be spoken to if any issues arise and where appropriate, children will be supported.



This Policy is approved and robustly endorsed by JUNGE YOGA and is due for review every
3 YEARS.

Signed:  LAURA LEESON (Founder of Jungle Yoga)

Date: 21st February 2023